

Ingoude
Company



MONKEY SPORTS

**Newsletter
July-September
2023**

COMMUNITY SPORTS PROGRAM



Two of our coaches have been conducting weekly 2 times regular sessions in 3 communities. Over the last 3 months, we have conducted over **75+ sports sessions for children.**



CASE STUDY - KALPANA

Kalpana is a 13-year-old girl studying in 9th Grade at Rambhata Government School. Her father works at a general store and her mother is a housemaid. Kalpana's parents did not allow her to play on the community ground and she spent her time hanging out with friends near the home. However, now she plays on the ground with both boys and girls



Kalpana says “ I like the Frisbee game and it has helped me to learn a few things about leadership. I get an opportunity to resolve my conflict. The game teaches how difficult it is to become a leader. Our parents will not allow us to play on the ground. In the evening, we just hung out with friends (girls) near the home.

Now, we can play on the ground both boys and girls together which I enjoy. Usually, teachers get irritated with children after a few days, however, Monkey Sports' Sir listens and talks to us patiently.”

[Click here to watch Kalpana's video](#)

ASSESSMENT

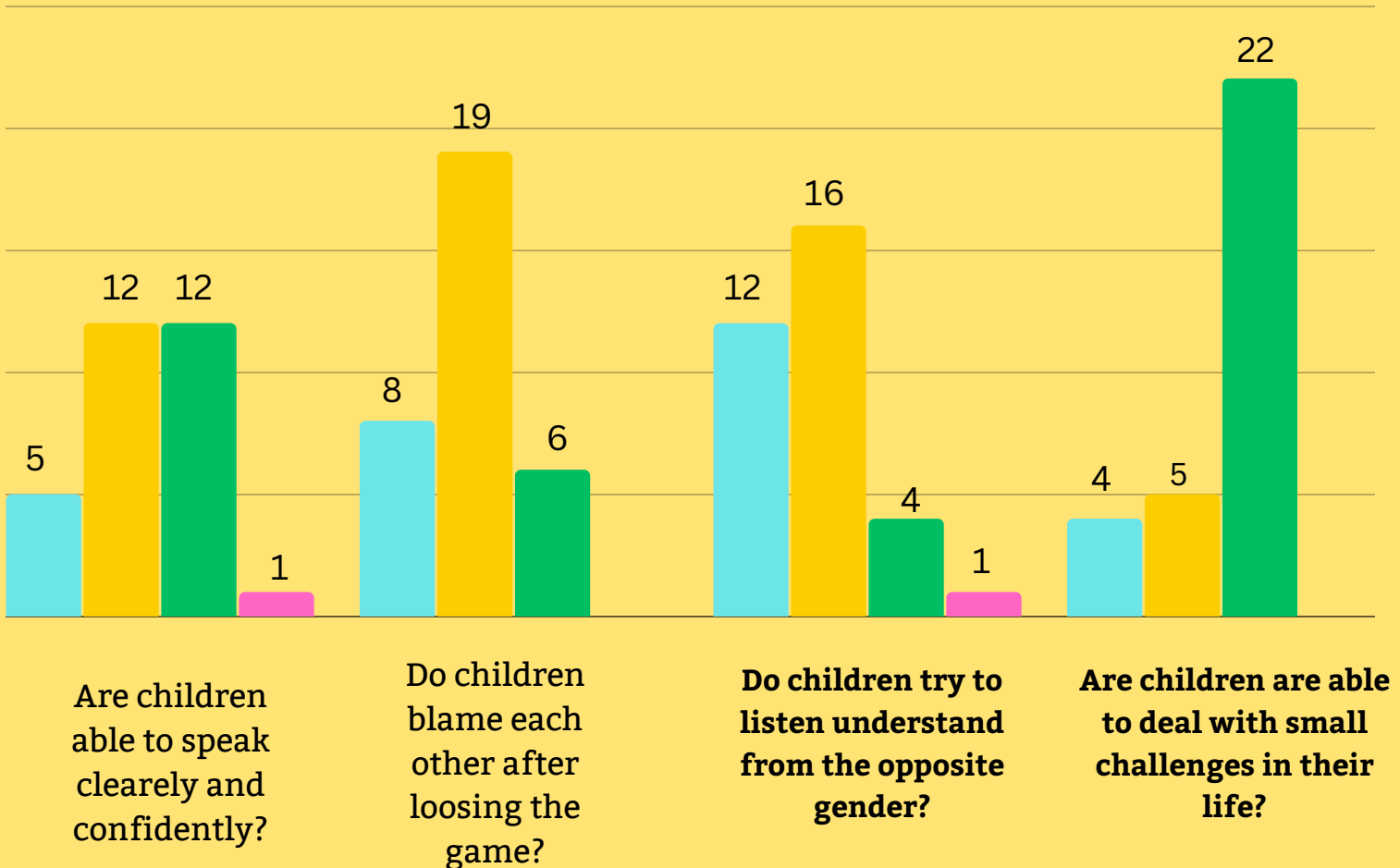
We conducted an Assessment of our program to measure 21st-century life skills.

The Assessment is conducted for 33 children on four skills consisting of 16 questions.

We have highlighted a few of them in the graph.



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OTHER ENGAGEMENTS IN THE COMMUNITY



As an organization working towards creating a more sustainable world, we are making a more conscious decision to **reduce our carbon footprint**. Both our coaches use a **bicycle to travel to work** and in the community.



**Puri Sabzi Picnic in
our rural community**



**Pizza Party in the
sub-urban community**

Training Program - Bettiah

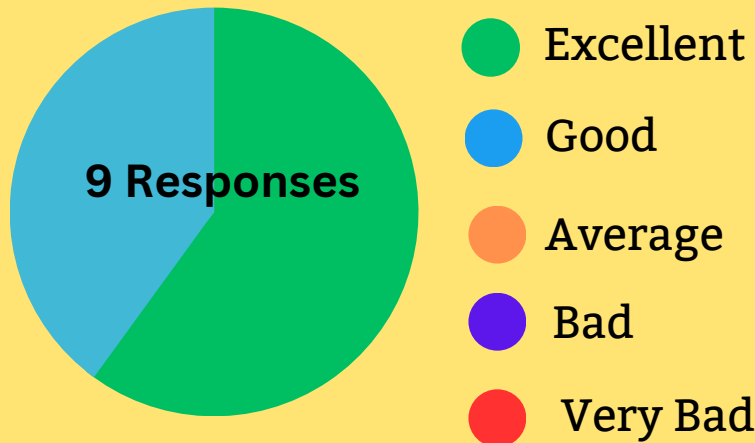
We conducted a **3-day training program for 9 youths to implement a one-year Sport for Development module** in Bettiah, Bihar. The name of the initiative is “KHELO” and is conducted in collaboration with Bettiah Diocesan Social Service Society.



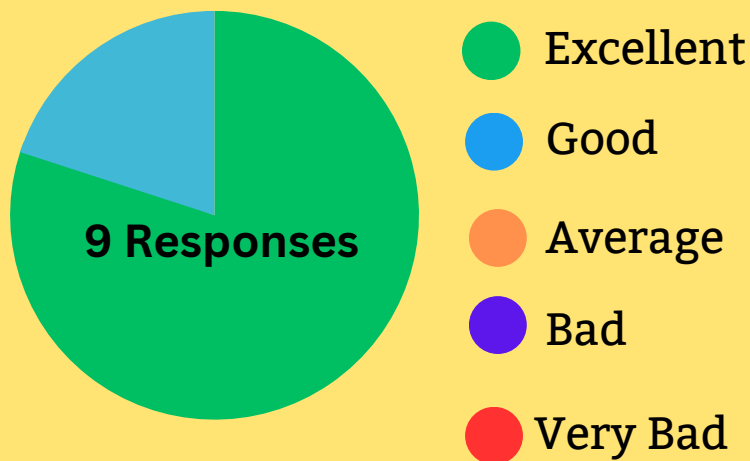
Through active participation, we engaged youth in a discussion about creating inclusive, safe and fun sessions for children. The participants also **learned active listening skills to become role models in children’s lives.**

FEEDBACK ON THE TRAINING PROGRAM

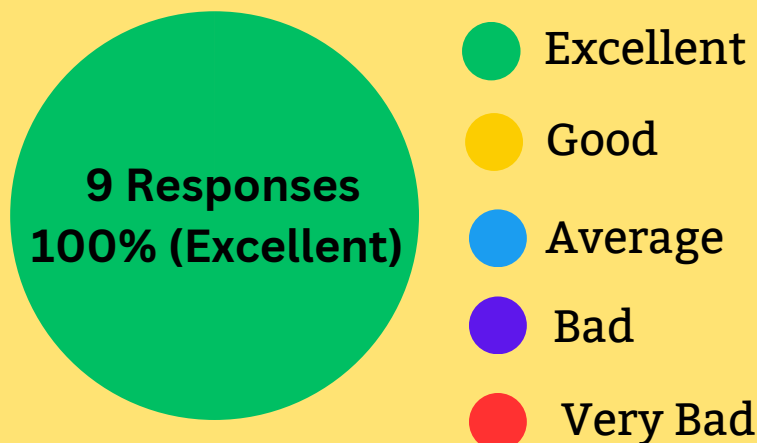
Response of the participants on the practical implementation of the training on the ground



Response of the participants on whether trainers were supportive and motivating



Response of the participants on the overall feedback of the session

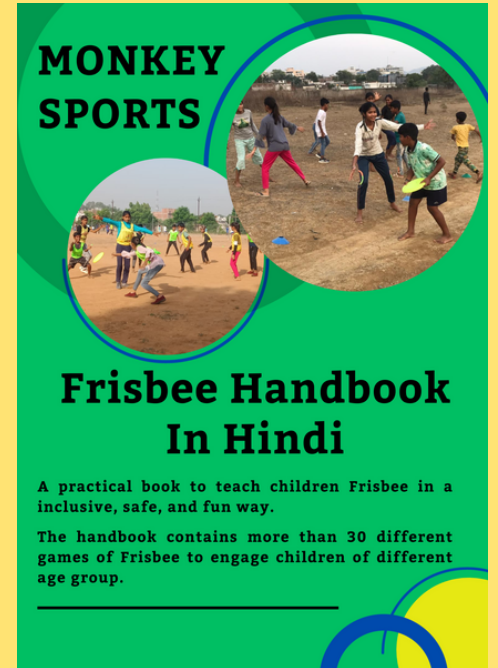




FRISBEE HANDBOOK IN HINDI



We have created a handbook in Hindi that has guidelines for coaches on facilitation skills, rules of the game, assessment, songs, energizers, and age-appropriate 30 Frisbee games.



Community Youths engrossed in reading the Handbook

EMPLOYEE'S DESK



Tripti Yadav
Community Youth Leader

“I have been working with Monkey Sports for the last one and a half years. In the beginning, I had to mobilize children. When we started, the number of children started to increase slowly.

During the session, I observed a lot of changes in children. Few children did not go to school before, however after joining Monkey Sports they go to school more regularly.

Boys and girls did not talk to each other. However, after joining the session children started to interact with each other. “

Aarti, currently pursuing her MBA from IIM Rohtak, has joined Monkey Sports as an intern for 2 Months.

Aarti is a quick learner and her input has been really valuable to the organization.

She is helping us update our website, a task that been overdue for very long. Soon, you will be able to see Monkey Sports in a new look and avatar.



Aarti Somani
Intern



We need your support to continue these important programs for children like Kalpana to provide them access to safe, inclusive and fun sports. These programs:

- Build confidence!
- Provide opportunities these children never thought they could have!
- Build Leadership Skills to deal with conflicts



[Click here to support our fundraising efforts.](#)

Our Supporters in the last 3 months

- (a) Ranjana Singhania
- (b) Akshay Sabha
- (c) Rajesh Valdhamani
- (d) Kevin McAllister
- (e) Nitika Gupta

BLOGS

Through the blog, we share the challenges of using football in the community.

Instead, we recommend that using local sports can be a more sustainable way to drive change.

[Click here to read the blog.](#)



Follow us on our social media channel!



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