

Quarterly Report

Prepared by Kushal Agarwal



Monkey Sports

May - July, 2025

Introduction

The Child Protection Project seeks to safeguard children from abuse, exploitation, neglect, and violence by creating safe, supportive environments. Sports are used as a key strategy to promote inclusion, resilience, and life skills among children—especially those at risk.

The Khelo (Frisbee Game) initiative in the rural villages of Bagaha, Bihar, emerged as a powerful movement for gender equity and child empowerment. Traditionally, girls were excluded from sports, but this initiative aimed to challenge such norms and provide children—particularly girls—with opportunities to learn, lead, and thrive through play.

A partnership between Monkey Sports, Catholic Relief Services (CRS), and Bettiah Diocesan Social Service Society (BDSSS) enabled this transformation. Despite initial resistance, community events, female facilitators, and tailored engagement built trust, leading to consistent participation from 189 out of 250 enrolled children.

The new project aims to scale the work to 25 villages, reaching out to 750 children.

Objectives

- **Promote child protection through structured Frisbee activities.**

- **Enhance physical, mental, and social well-being.**

- **Foster inclusion and gender equity.**

- **Provide life skills training, teamwork, leadership, and conflict resolution.**

- **Raise awareness of child rights and protection. Strengthen community engagement in child safety.**

Key Updates from the Quarter

Initial Planning Call

A joint planning call was held between Monkey Sports, CRS, and BDSSS to Define roles and responsibilities, Finalize program scope and budget. Schedule training dates and delivery plans.

5 days of training

A 5 days of face to face training to kick start the project and introduce the Frisbee module for Animators

Assessment

Assessment of children and the community to understand the opportunity to play, views on gender and sports

5 days of training

- Focus Areas:
 - Understanding local barriers to sports participation
 - Learning Frisbee as an inclusive sport
 - Facilitation and communication skills
 - Monitoring and assessment techniques.
 - Role clarity for Animators



25-30

No. of participants

Animators, field/block coordinators, project managers

FSS

Training Venue

Fakirana Sister Society, Bettiah

2

No. of Organization

Members of two organisations, FSS and BDSSS, were part of the training.

Key Learning and Challenges (during training)

Active participation

Compared to previous projects, the animators had a few years of experience, which made the sessions more participatory. Everyone actively engaged and shared their field experiences.

Summer Heat

Another challenge was the heat affecting the indoor environment. The training room was on the top floor, and the air conditioning failed during peak afternoon hours, making post-lunch sessions difficult to manage.

Lack of experience in Sports

A major challenge was that many participants had not played sports in a long time. As a result, they struggled to follow the rules of the game and had difficulty regulating their emotions during play. While they enjoyed the sessions, it was clear that more ground practice was needed.

To address this, the facilitator planned to increase on-field sessions. However, due to the intense summer heat, these could only be held in the early mornings or late evenings. Holding sessions during both time slots led to some participants falling ill.

Eventually, it was decided to conduct sessions only in the evenings.

Addressing the challenge

Despite the five days of training, the trainer felt that participants still needed 2–3 additional days of on-field practice to fully grasp the game. Plans are in place to continue practice sessions in the next training phase.

Key Learning and Challenges (during training)

Roles and Responsibilities of Animators

Clarifying the animators' roles and responsibilities within their existing work structure was another challenge. Their working hours were from 10 a.m. to 6 p.m., but conducting sports sessions required availability in the early morning or between 5–6:30 p.m in the evening, which created scheduling conflicts.

Each animator was responsible for two villages, with four groups per village (based on age and gender), totalling eight groups. Conducting 16 sessions weekly was not feasible. Therefore, it was decided to reduce the number of groups to two per village (based on gender only), with one session per week for each group.

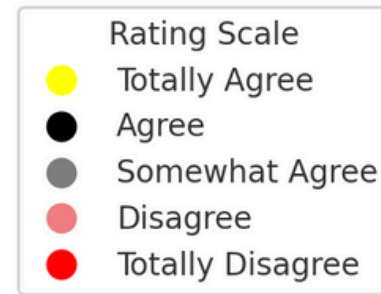
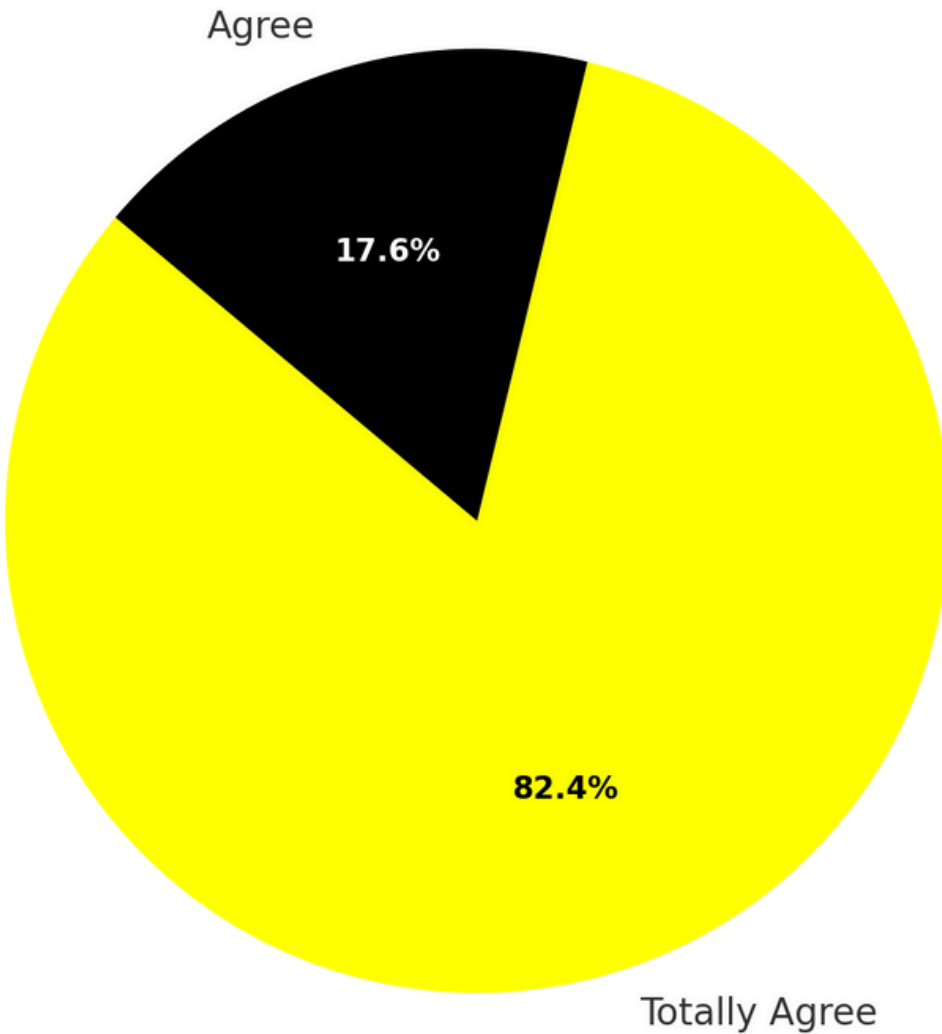
Facilitation Skill

An additional challenge was emphasizing the importance of facilitation. The most essential aspect of facilitation is listening without judgment, a skill that develops over time. The trainer observed that animators still had a long way to go in this area. Adults often assume they know what is best for children, and when children's behaviour doesn't align with those expectations, the default reaction is to correct or teach rather than to empathise and understand.

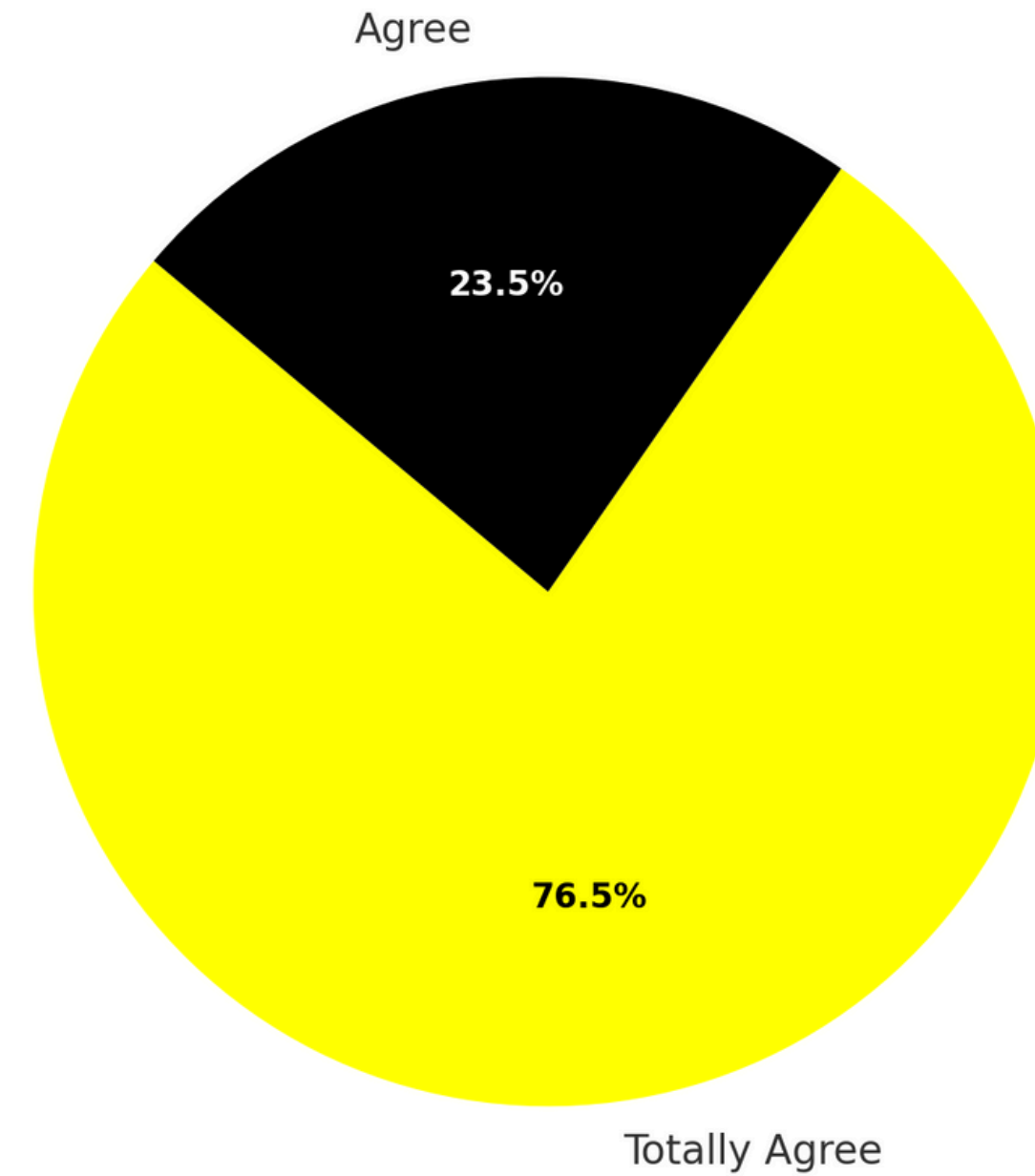
The trainer believes that through repeated activities, case studies, and consistent support, these facilitation skills can be gradually cultivated in all animators.

Training Feedback

The session was well organized

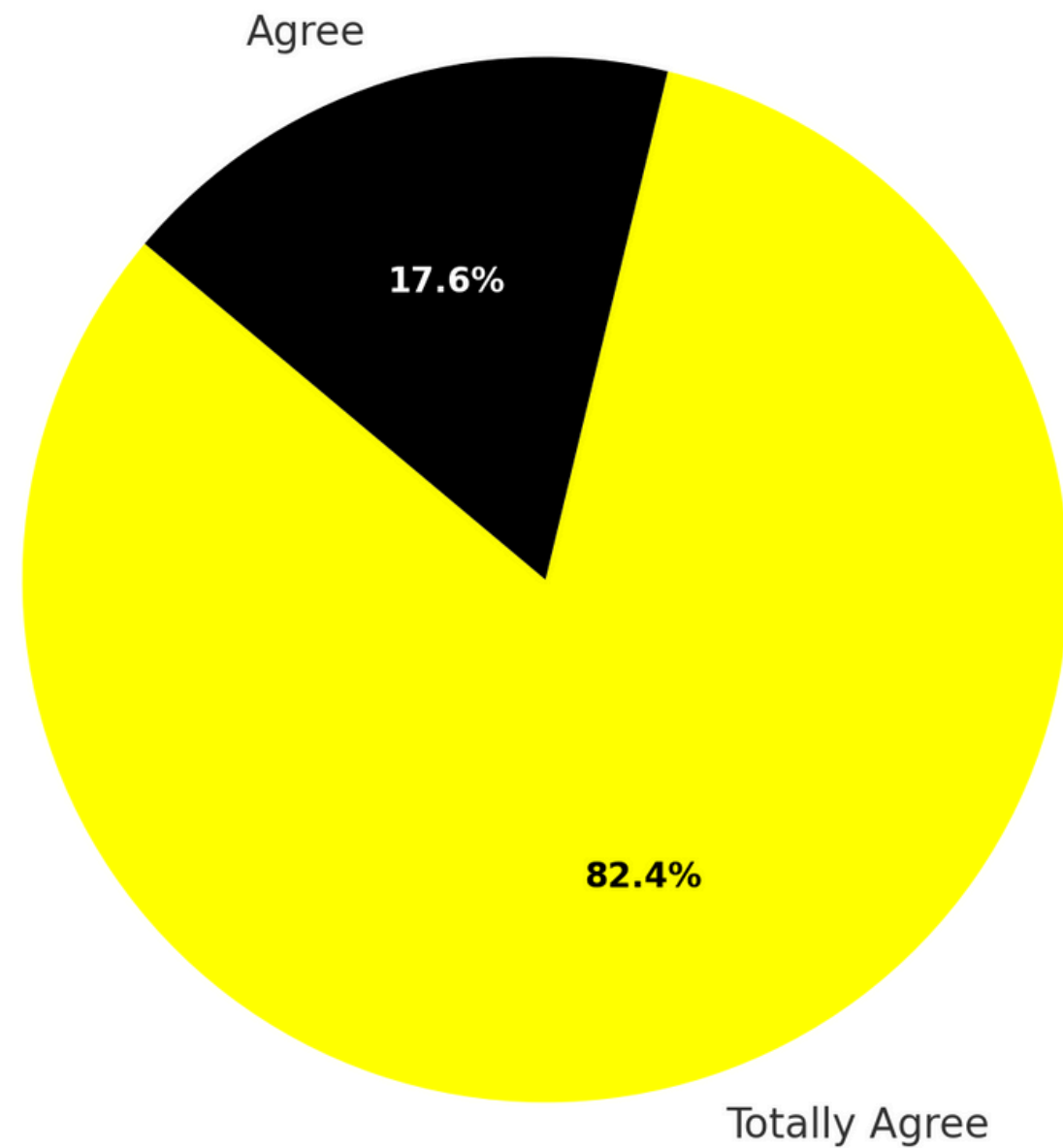


Training activities and materials were useful for me

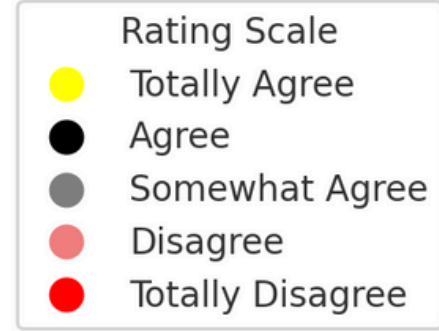
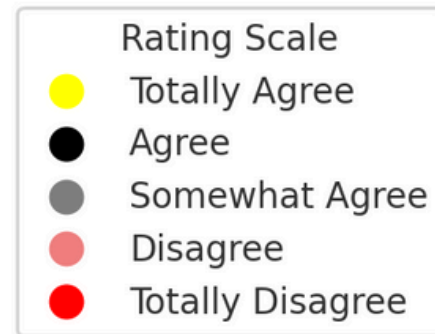
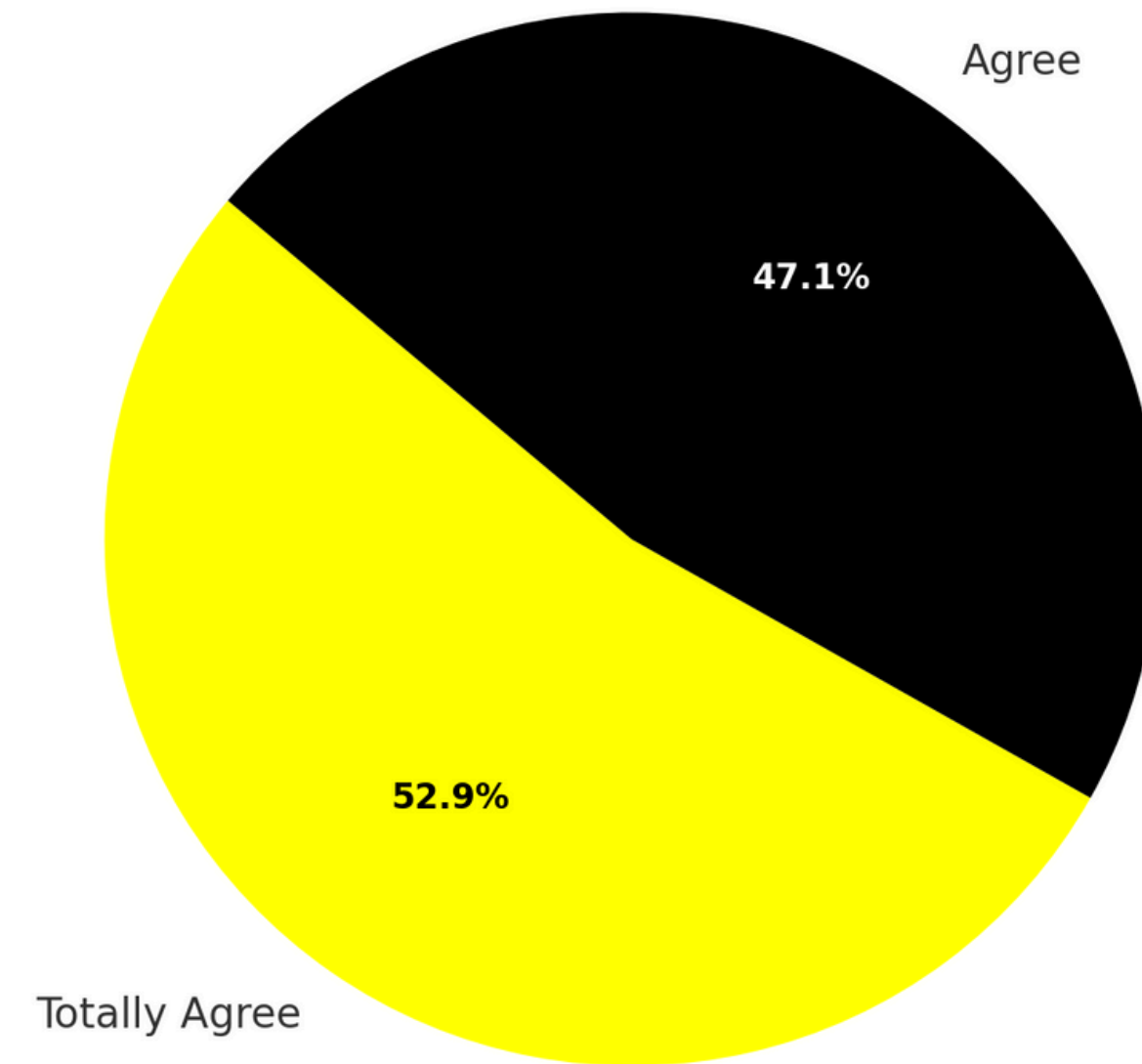


Training Feedback

Participation and interaction were encouraged during the training

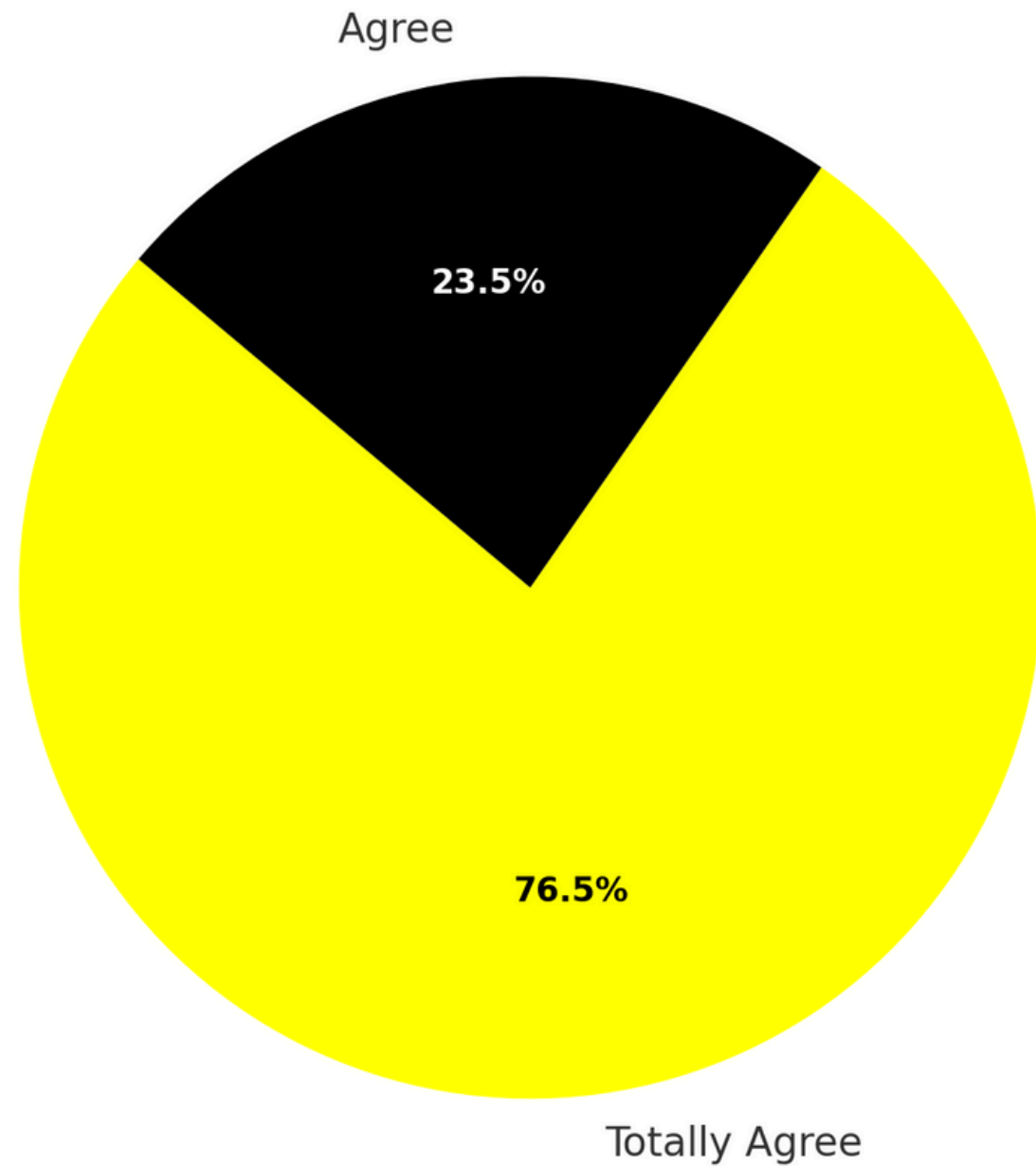


I can apply the knowledge gained in my facilitator role

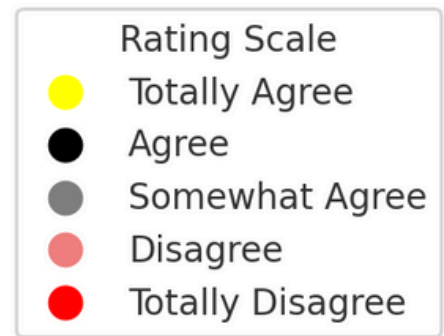
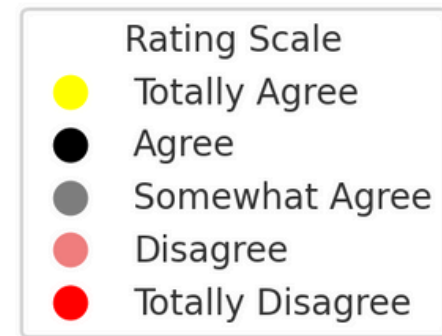
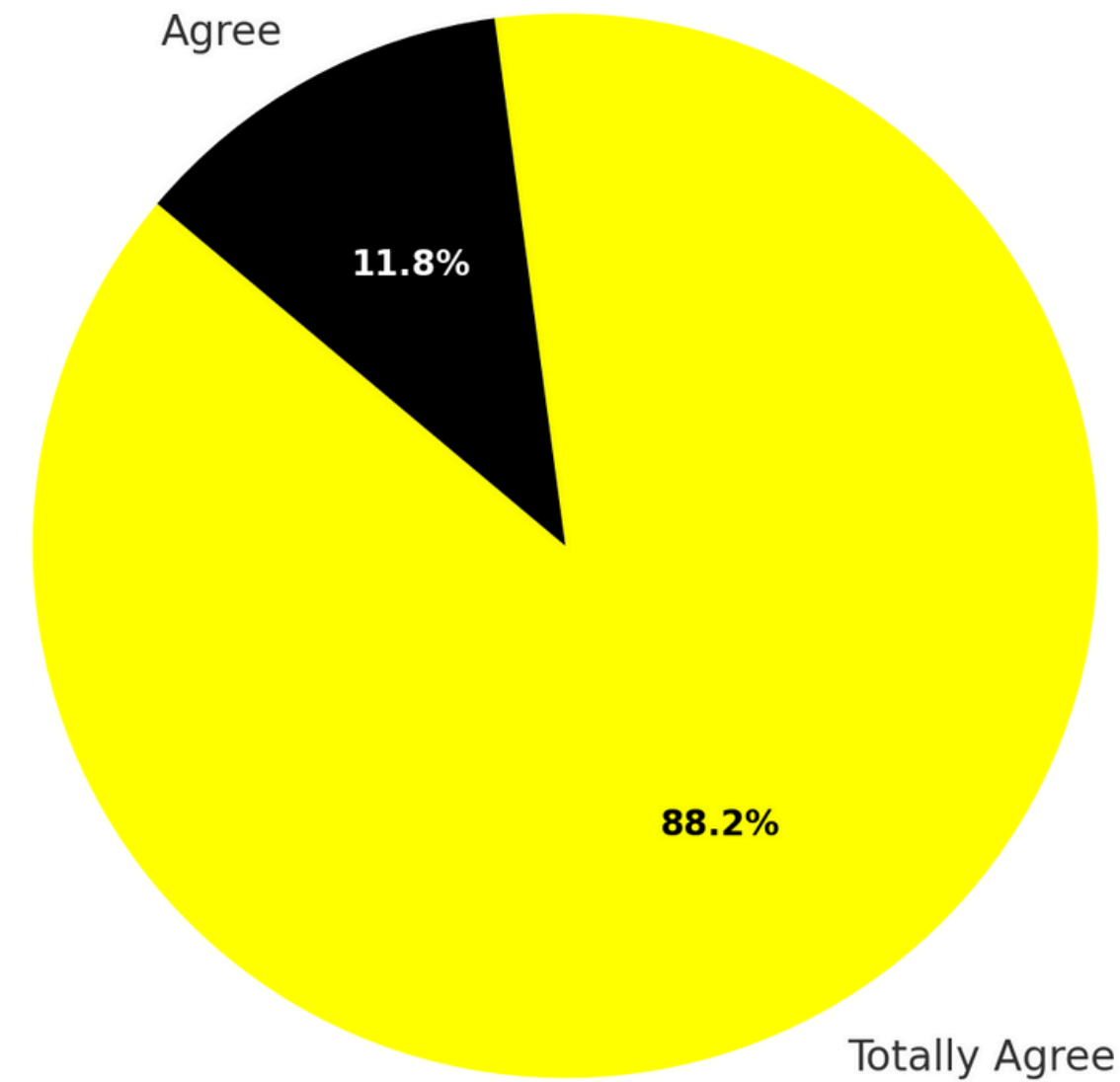


Training Feedback

Trainers were supportive and encouraging

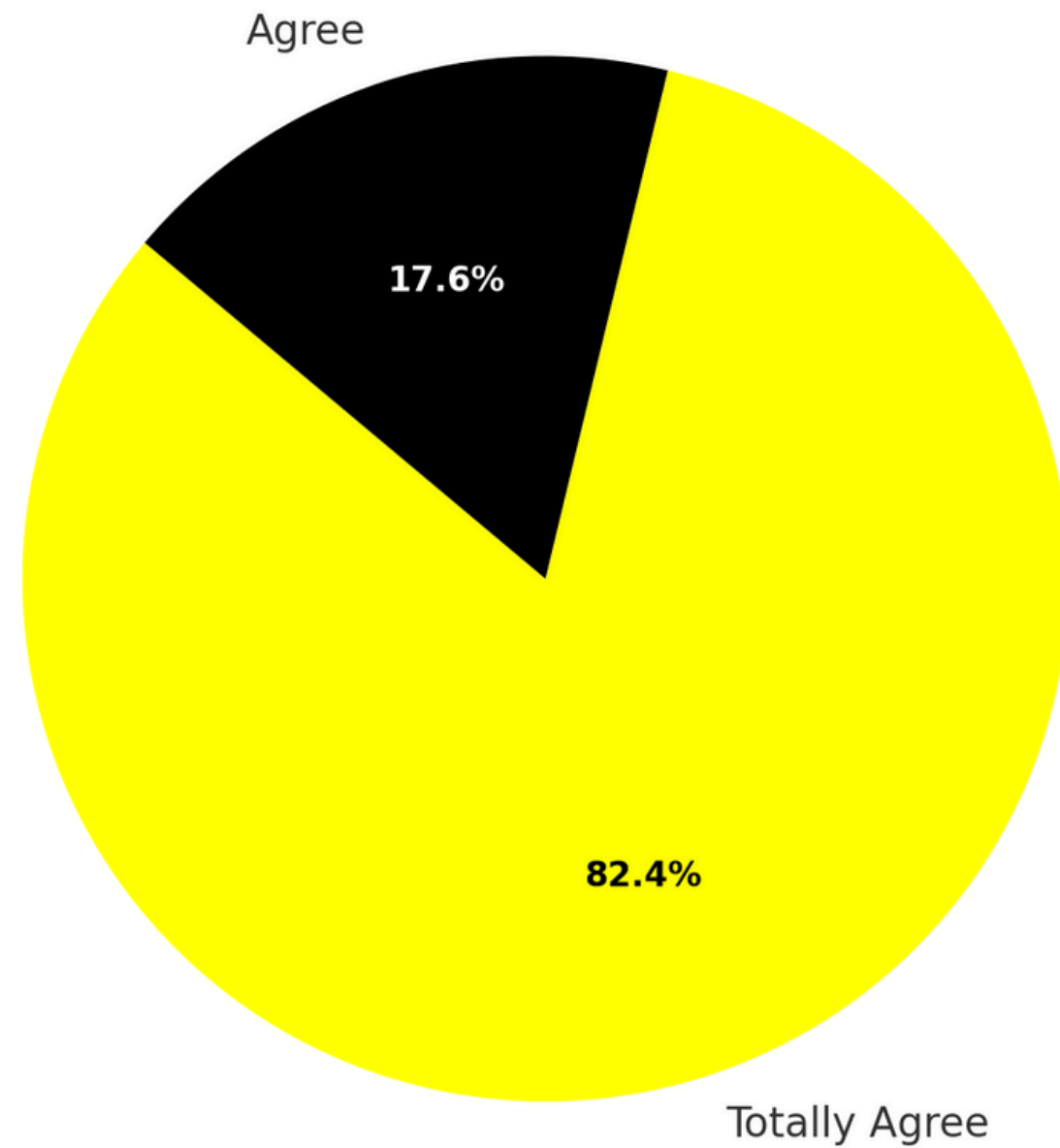


Trainers had good command over the subject

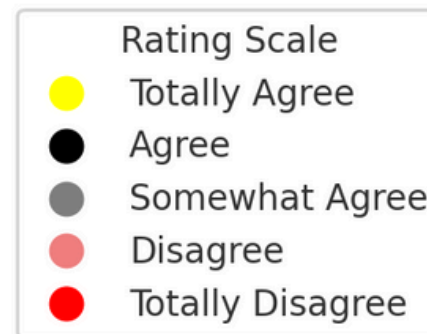
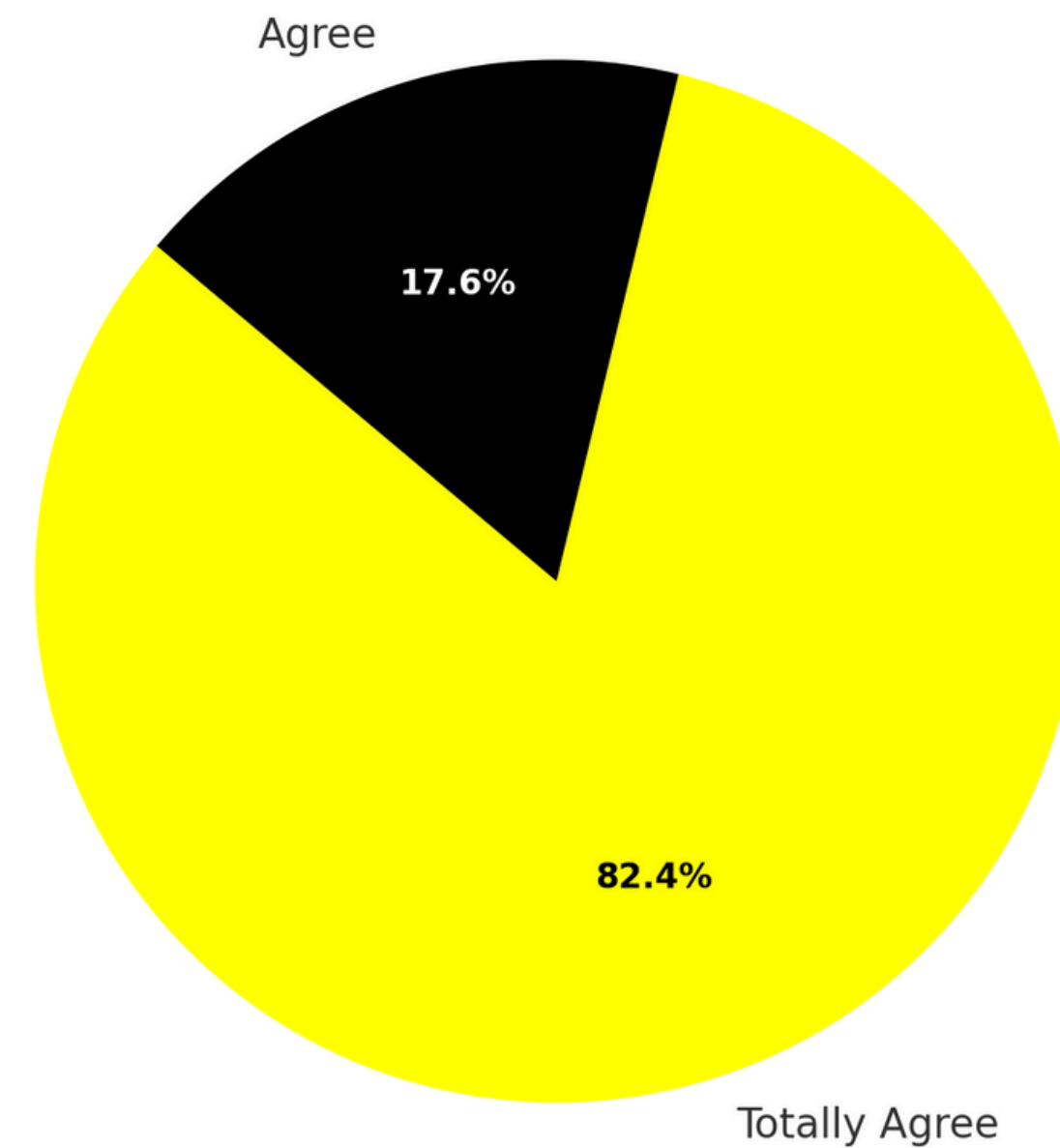


Training Feedback

Trainers included all participants



Food and drink arrangements during the training



Training Feedback

Improve Physical Environment and Comfort

"A C ka maramt" (Repair the air conditioning)

"खेल कूद छायादार स्थान का चयन कर बेहतर किया जा सकता था" (Choosing a shaded space for sports can improve training)

Add More Engaging and Fun Activities

"Or majedar gem khelaya ja sakta hai" / "और मजेदार गेम खेलाया जा सकता है" (More fun games can be included)

Suggestion to enhance enjoyment and participation through engaging physical activities.

Better Timing and Climate Considerations

"ठंडा के मौसम में प्रशिक्षण कराने से अभ्यास का समय अधिक मिलेगा" (Holding training in cooler months allows more time for practice)

"ट्रेनिंग को बेहतर बनाने के लिए सही समय का उपयोग करना चाहिए" (Use time better during training)

Simplify Language and Content Delivery

"ट्रेनिंग के भाषा को सरल बनाकर और खेल के माध्यम से गतिविधि को जोड़कर बेहतर बनाया जा सकता है" (Simplify language and add activities through sports)

Incorporate More Visual and Reading Materials

"आकर्षक चार्ट पेपर के द्वारा प्रशिक्षण दिया जाए" (Use attractive chart paper for training)

"ट्रेनिंग में रीडिंग मटेरियल दिया जाना चाहिए." (Training should include reading material)

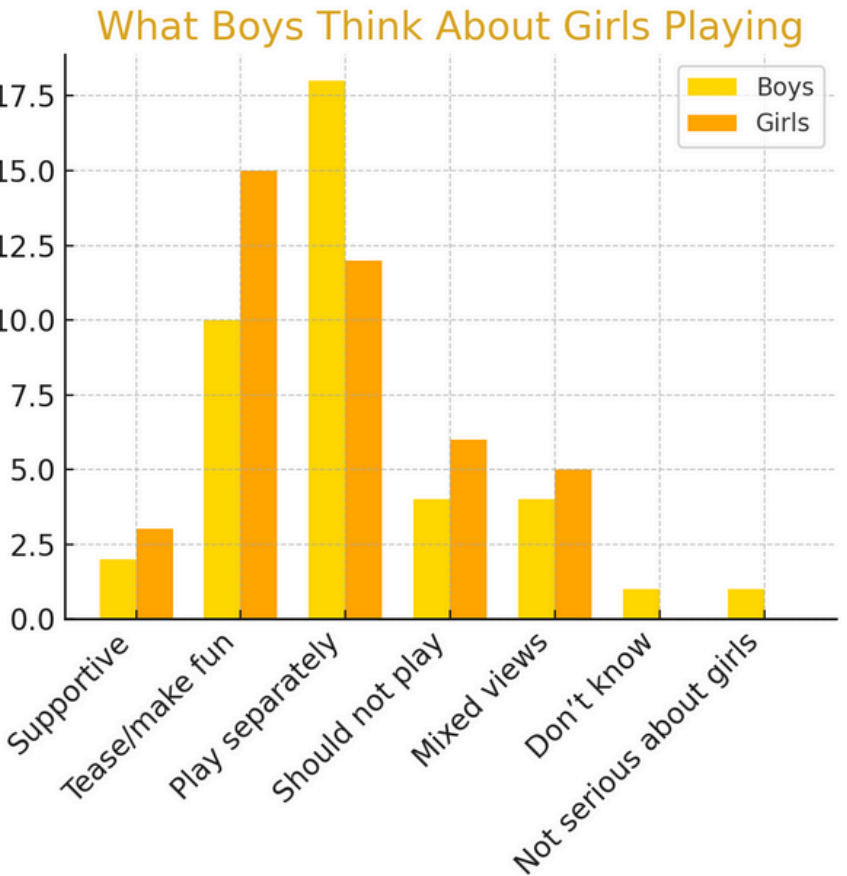
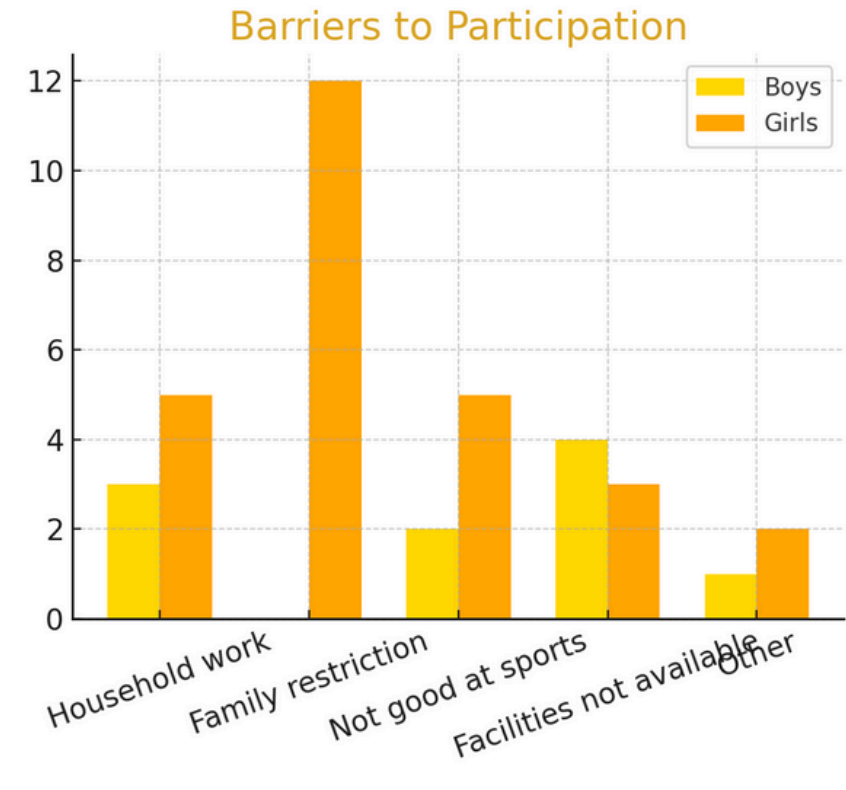
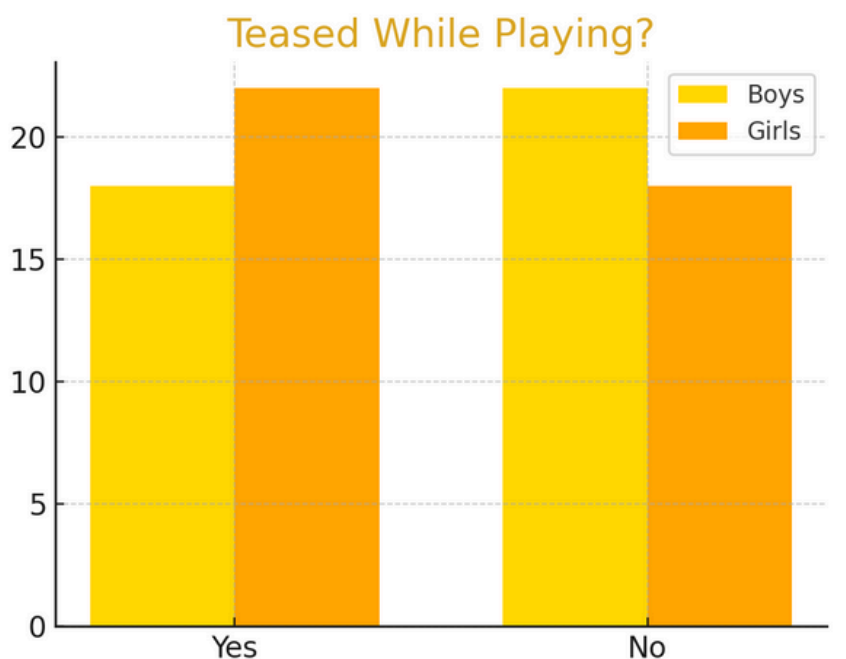
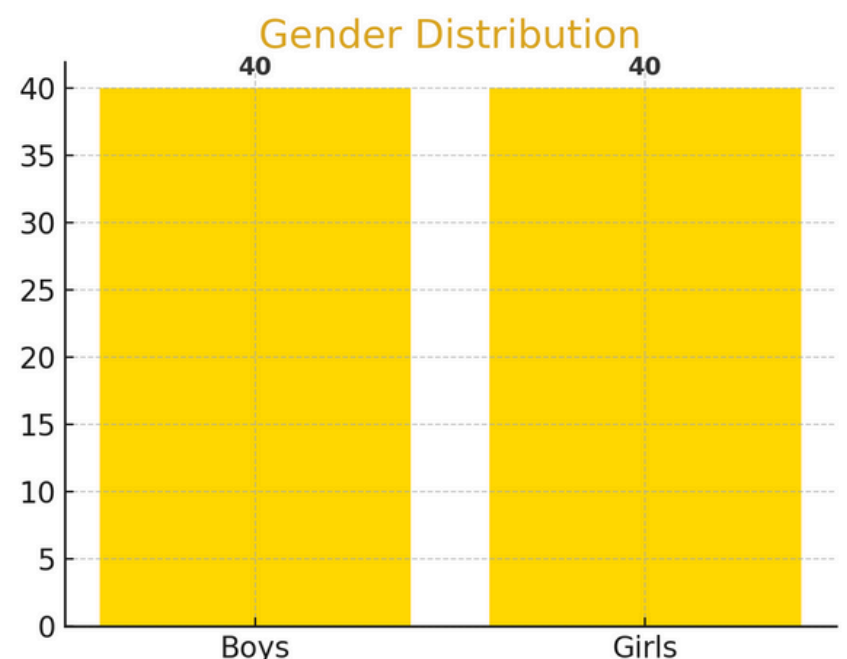
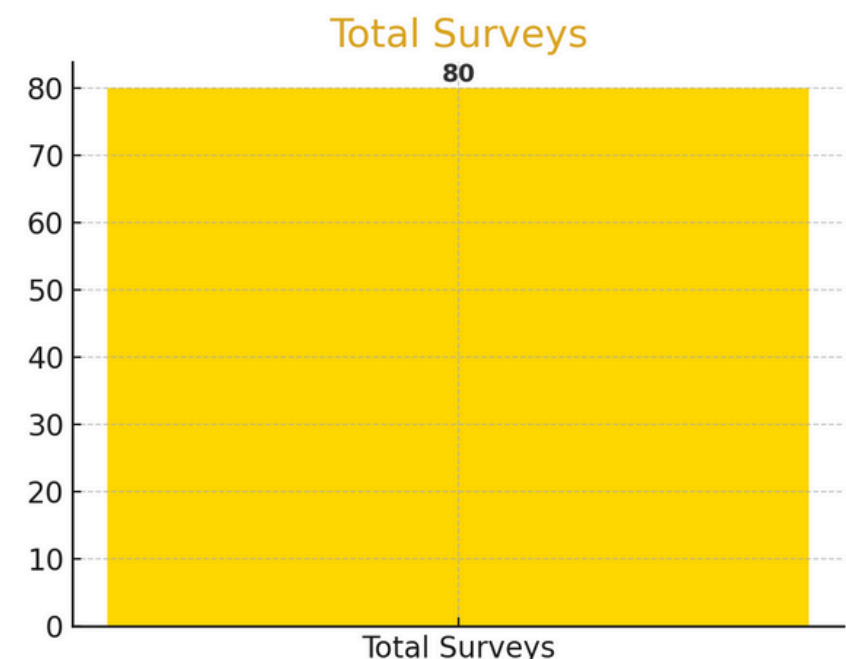
Logistical and Material Improvements

"Jo भी खेल हुआ है उसका कॉपी मिले" (Provide a copy of the games used)

"बेनर। पोस्टर लगाकर और बेहतर हो सकता था" (It would have been better with banners and posters)

Children Assessment (FSS)

Key Insights from Survey



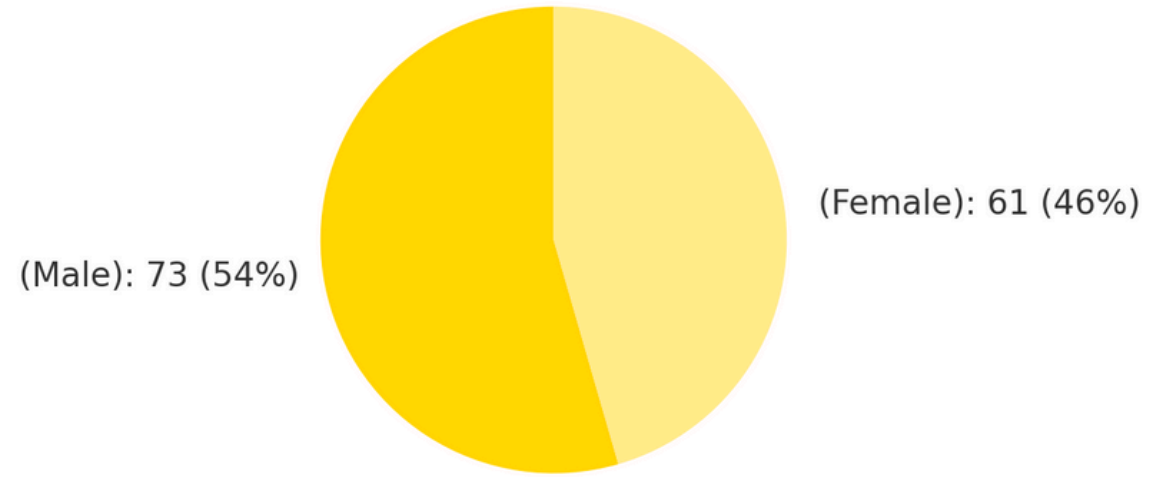
Click here to view the complete data

[Baseline Data](#)

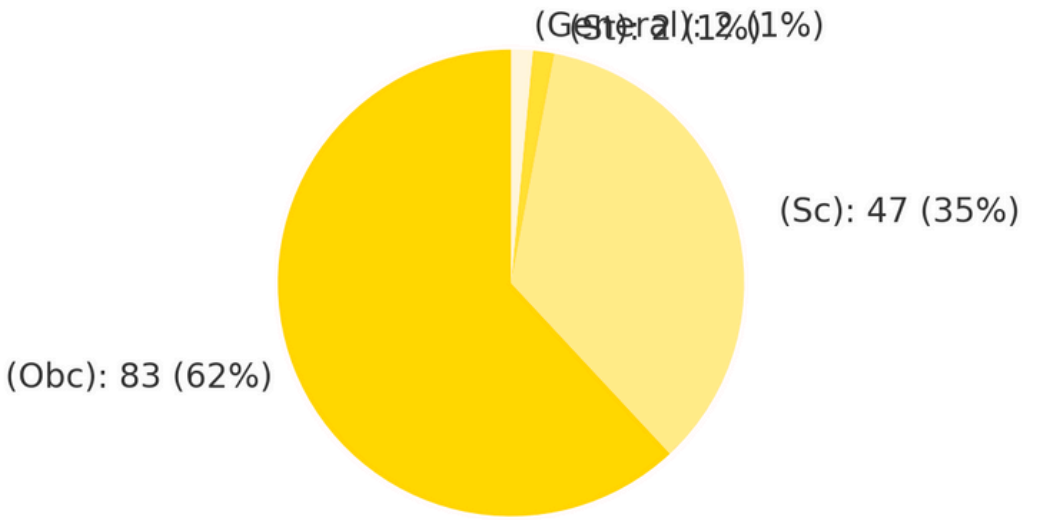
Children Assessment (BDSSS)

Survey Overview (Total Surveys: 134)

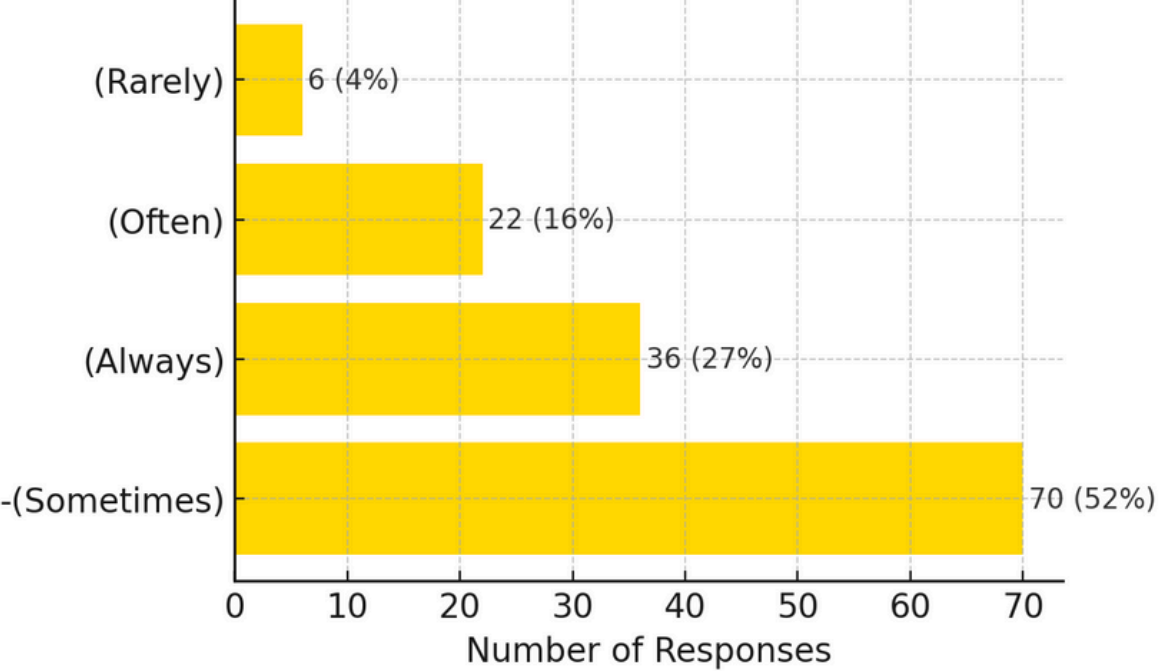
Gender Distribution



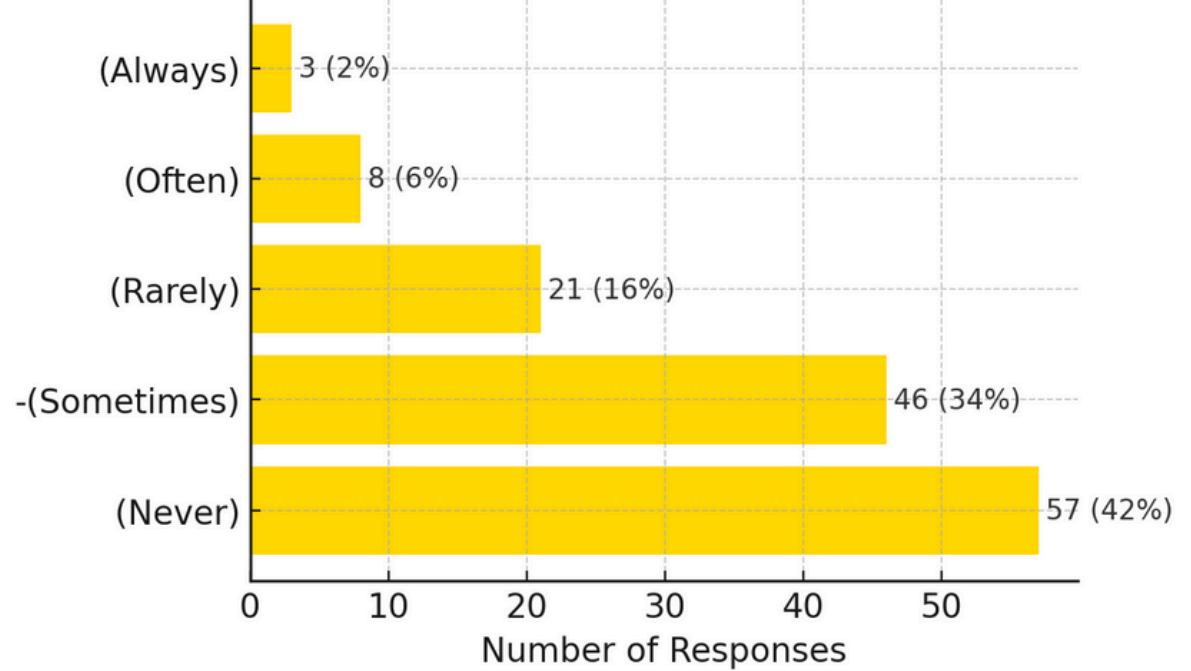
Caste Distribution



Opportunity to Play



Teasing While Playing

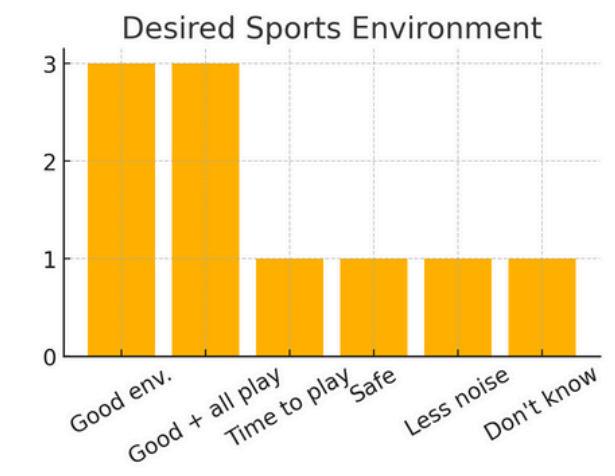
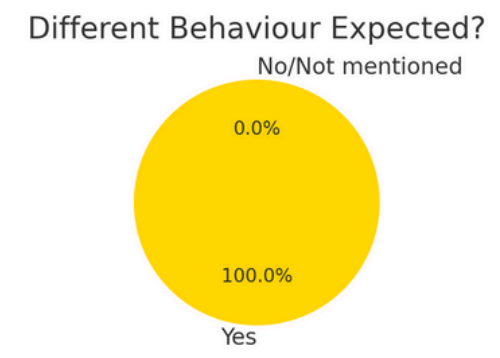
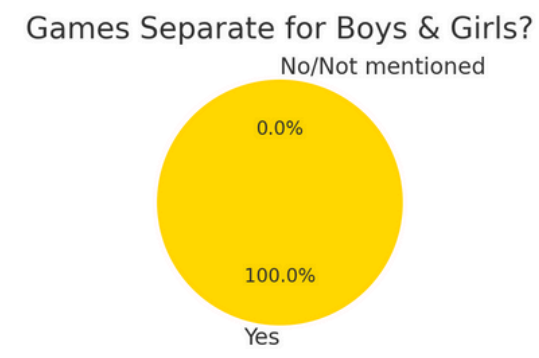
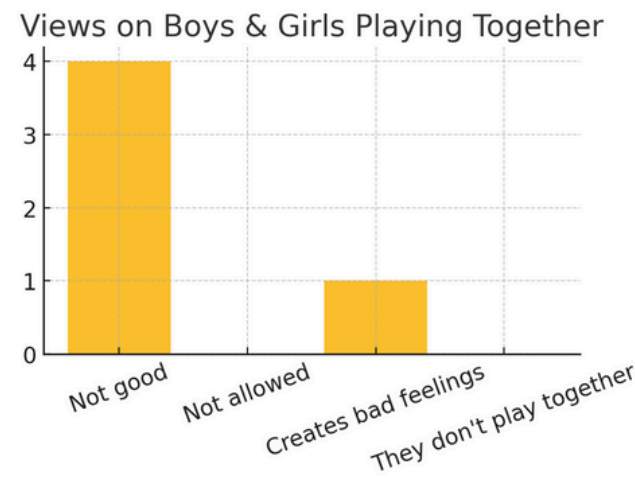
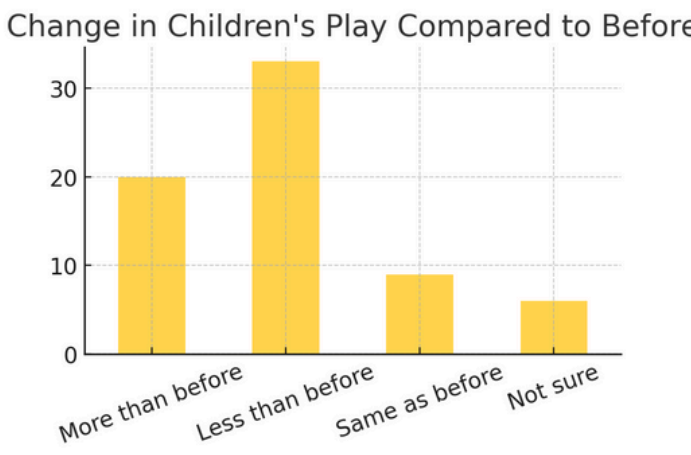
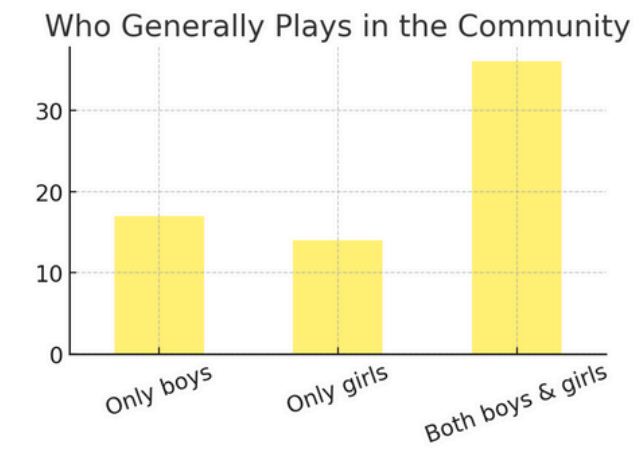
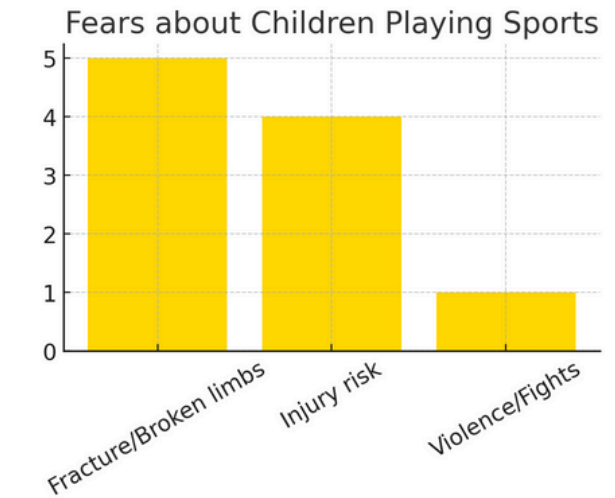
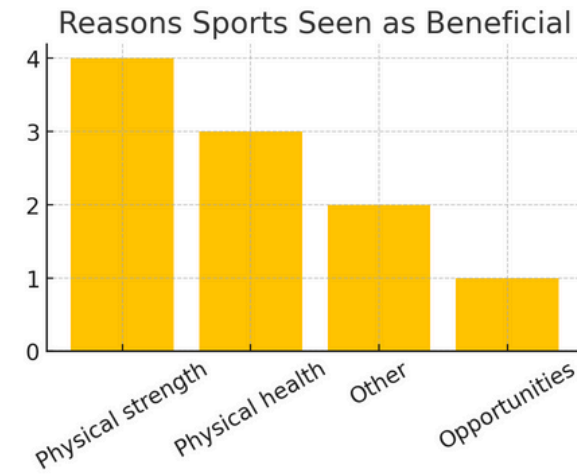
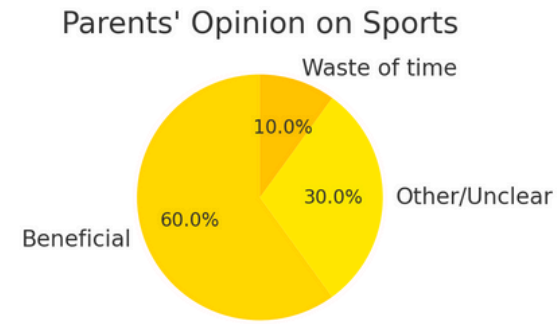


Click here to view the complete data

Baseline Data

Parent's Assessment (FSS)

Community Perceptions on Sports - Parent Assessment

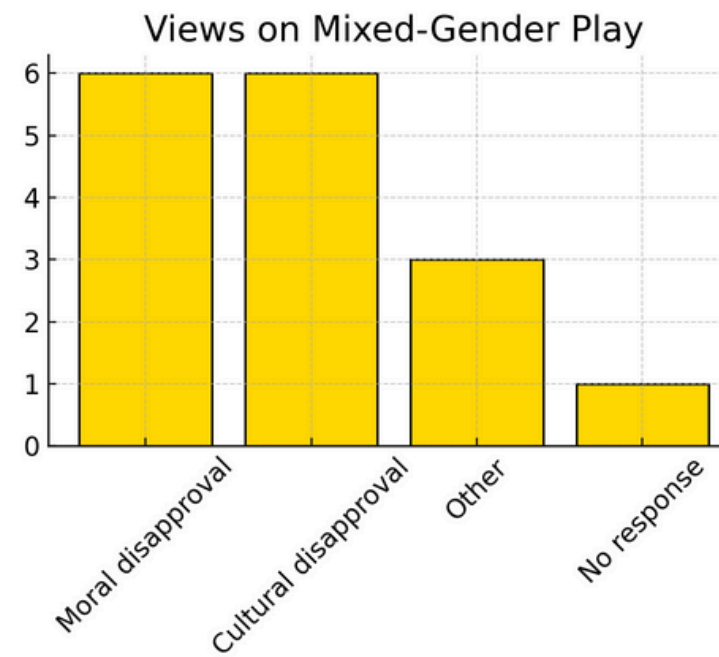
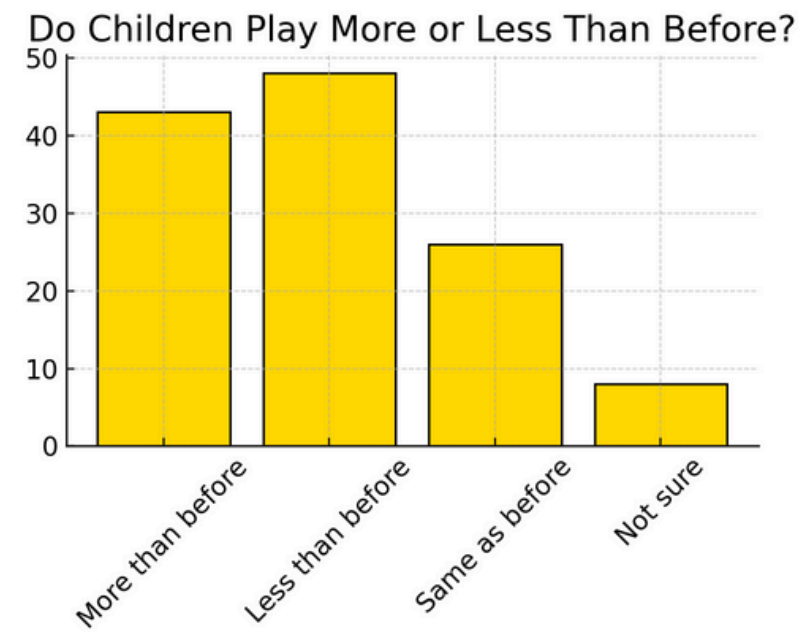
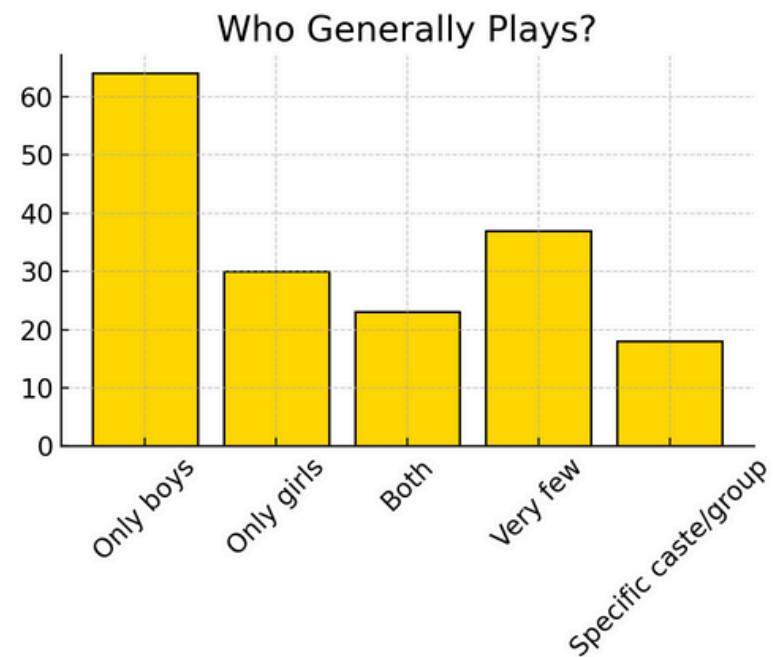


Click here to view the complete data

Parent's Baseline Data (FSS)

Parent's Assessment (BDSSS)

Community Sports Perceptions - Total Surveys: 16




[Click here to view the complete data](#)

[Baseline Data](#)

Start of Sport Session

- Sport Session began in the month of July as the animators were busy in the month of June with children and parents' assessment and their role and responsibilities in other projects.
- It was a slow start because of heavy rain. However, we could see the program commencing in a few communities with photos of children smiling.
- Early feedback shows that children are enjoying learning the new game of Frisbee.
- Overall, 19 sessions were conducted in 10 villages of FSS and 19 sessions in 15 villages of BDSSS.
- More details on the challenges on the ground will be shared in the next quarter's report.





Plan for the Next Quarter (Aug -Sep)

- Facilitator regularly starts conducting sports sessions.
- Field/block coordinators monitor the sessions regularly.
- Regular Handholding Support through Online Calls.
- Refresher training and field visit by Monkey Sports Team.
- Home Visits

Thank You





Appendix

- [Children Baseline Survey FSS](#)
- [Children Baseline Survey BDSSS](#)
- [Parents Baseline Survey FSS](#)
- [Parents Baseline Survey BDSSS](#)
- [Raw Data](#)